

Co-Curricular Activities 2009/2010

There are two types of extra-curricular activities offered at St. Julian's School. Those that are offered voluntarily to St. Julian's students only, at no additional charge (not included in this table) and others that are available, for an additional fee, to both St. Julian's students and also to children and adults from the local community.

Activity	Course Director	Telephone	Email	Suitability	Tuition in English or Portuguese	Course Fee	Days/Times	Place	Starting Date	Finish Date
Aikido	Luis Antunes	967 050 610	lantunes@netcabo.pt	Children & Adults	Portuguese	44 euros per month	Mon & Wed 16:45-19:00 Sat 10:30:12:00 (graduated)	New Gym	07-10-2009	30-06-2010
Animal Club	Teresa Cabrita	933 222 898	maria.teresa.cabrita@gmail.com	6 to 15 yrs old	English & Port	120 euros per term including material	Mon or Tue 15:30-16:00	Trophy Room & Terrace	14-09-2009	29-06-2010
Art courses AR.CO	Ana Martinho	218 801 010	anabmartinho@arco.pt	ages 14 and above	English & Port	to be advised	to be advised	Art Department	01-10-2009	30-06-2010
Ballet	Alexandra Carneiro	214 446 217 964 265 118	alexandracarneiro.y@gmail.com	Nurse to Yr 3, 1º ano	English & Port	40 euros per month, paid by term	Tue, Wed & Thu lunch times	Primary Hall	15-09-2009	30-06-2010
Busy bees	Julie Joseph	916 362 796/ 214 585 384	jjoseph@stjulians.com	Nurse to Yr 5, 1º to 4º ano	English & Port	110 euros per month; 8,20 euros per day Please note there is half an hour tolerance given after school finishes after wich these fees will be applied	Mon to Fri 15:30-18:00	Primary Playground and Dining Hall	01-09-2009	30-06-2010
Creative Gifts NEW	Maria Pinto	968 968 630	pintomaria@yahoo.com	From 8 yrs old upwards	English & Port	100 euros per term. Minimum of 8 participants	Thu 16:15-17:15	Year 6 Classroom	01-10-2009	24-06-2010
How to Look at things - Monthly planned conferences NEW	DoMa Cristina Gonçalves, Isabel Almasqué, Minnie Freudenthal	Cristina Gonçalves: 914 588 711	mcrgoncalves@yahoo.com	from 12 yrs old upwards	English & Port	25 euros per session (minimum of 14 participants)	1 session of aprox 1 hour per month, dates and subjects to be announced	New Gym or Trophy Room	November 2009	May 2010
Emotional Intelligence NEW	Descobrir e Evoluir	963 056 556	apoio@descobrirevoluir.com	Groups from 5 to 18 yrs old	English & Port	105 euros per term; minimum 6 students in each group	Tue or Thu 16:00 - 16:50	Year 6 Classroom	06-10-2009	24-06-2010
DIGA! Portuguese Language Club NEW	Zephné Ferreira	918 657 797	zappyzeph@executiveemail.co.za	Children in Yr 4&5	English & Port	5 euros per class (minimum of 4 students)	Thu 15:45 - 16:45	Primary School classroom	01-10-2009	24-06-2010
Home Work Club NEW	Co-Curricular	214 585 384	conteduc@stjulians.com	Yr 4 & Yr 5 children	English & Port	8,20 per session	to be defined	Primary classes	October 2009	June 2010
Football (Escola Academia Sporting)	José Taira	912 554 696 or 917 572 395	jose_taira@sapo.pt	5 yrs old upwards	English & Port	Once a week: 45 euros Twice a week: 55 euros per month; Three times a week: 65 euros per month	Mon, Wed & Thu: 18:00 - 20:00; Tue & Fri: 16:00 - 20:00; Saturdays	Astroturf pitches	07-09-2009	30-06-2010
Go Green	Teresa Cabrita	933 222 898	maria.teresa.cabrita@gmail.com	6 to 15 yrs old	English & Port	120 euros per term including material	Mon or Tue 15:30-16:00	Trophy Room & Terrace	14-09-2009	29-06-2010
Jazz Dance NEW	Emma Nilsson de Macedo + Cascais Dance Academy	917 598 008	emmanilsson@sapo.pt	10 to 18 Yrs old	English & Port	31 euros per month	Tue 13:00 - to 13:45	New Gym	15-09-2009	29-06-2010
Judo	Beatriz Martin	934 756 239	beatrizjudo@hotmail.com	4 yrs old upwards	English & Port	Twice a month, 65 euros	Mon 15:30 - 16:20	Primary Hall	14-09-2009	28-06-2010
Karate	Ana Rita Durão	214452007/ 918 369 322	anarpdf@gmail.com	3 to 15 yrs old	English & Port	Registration & Equipment: 65 euro ; once a week: 90 euros per term. Twice a week: 100 euros per term	Tue 16:00-17:30, Thu 15:20 - 17:30 (groups to be divided according to age and enrolments)	Tue: New Gym; Thu: Primary Hall	08-09-209	29-06-2010
Magic of Circus NEW	Maria Pinto	968 968 630	pintomaria@yahoo.com	10 to 16 Yrs old	English & Port	100 euros per term. Minimum of 8 participants	Wed from 16:15 to 17:15	Year 6 Classroom	30-09-2009	23-06-2010
Mini Tennis	Christine Ratzke de Figueiredo	919 238 587	crf53@hotmail.com	3 to 5 yrs old	English & Port	Group lesson 1x per week: 3-4 students- 42,50 Euros; 5-8 students: 32,50 Euros; 9-12 students: 28,50 Euros. Group lesson 2x per week: 3-4 students- 60,50 Euros; 5-8 students-45,50 Euros; 9-12 students: 38,50 Euros	Tue and Fri, 15:15 - 16:30	Primary Foundation Playground and Hall	15-09-2009	24-06-2010
Mixed Martial Arts	Humberto Évora	961 845 810	shynkai@hotmail.com	6 upwards & Adults	English & Port	120 euros per term + equipment (minimum 10 students)	Mon & Thu 15:20 - 16:30	New Gym	14-09-2009	28-06-2010
Pilates	Manuela Muller	939 727 014	manuela_muller@yahoo.com.br	14 yrs old upwards	English & Port	Once a week: 7 euros per class. Twice a week: 6 euros per class. Monthly payment in advance; please bring your own mat 1st class is FREE	Mon and Wed from 16:20 - 18:00	Primary School Gym	07-09-2002	21-07-2010
Photography workshops NEW	Ricardo Vilhena	963 703 079	rvilhena@stjulians.com	8 to 14 yrs old	English & Port	Workshop price: 70 euros	to be announced	Room in Portuguese CP Pavillion	-	-

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Science	Teresa Cabrita	933 222 898	maria.teresa.cabrita@gmail.com	6 to 15 yrs old	English & Port	120 euros per term including material	Mon or Tue 15:30-16:00	Trophy Room & Terrace	14-09-2009	29-06-2010
St. Julian's Rugby Club	Simon Mount	914 104 670	rugby@stjulians.com	6 to 18yrs old	English & Port	Registration fee: 90 euros (payable by new members only. Includes club shirt, shorts socks and kit bag. Annual fee: 100 euros. Extra insurance cover (payable by sub-16 and sub-18 only) 30 euros	Sub-8 - Mondays - 4.15 pm to 5.15 pm; Sub-10 and Sub-12 - Mondays and Wednesdays - 4.15 pm to 5.15 pm; Sub-14, Sub-16 & Sub-18 - Wednesdays and Fridays - 4.15 pm to 5.45 pm;	Astroturf/grass pitches and Carcavelos beach	sub-8, sub-10 and sub-12: 07-09-2009 ; sub-14, sub-16 and sub-18: 02-09-2009	sub-8, sub-10 and sub-12: April 2010; sub-14, sub-16 and sub-18: May 2010
Tennis	Christine Ratzke de Figueiredo	919 238 587	crf53@hotmail.com	6 to 18 yrs old	English & Port	Group lessons 2x a week: 2-3 students-49,50 Euros; 4-5 students- 39,50 Euros; 6-8 students- 37,50 Euros; 9-10students: 35,50 Euros. Group lessons 1x a week: 2-3 students-39,00 Euros; 4-5 students- 27,50 Euros; 6-8 students: 26,50 Euros; 9-10 students: 25,50 Euros Equipment: 28 Euros	Tue and Fri, 16:00 - 18:00	Tennis Courts	15-09-2009	24-06-2010
Theatre Workshops	Lara Beirão da Veiga	917 230 707	larajbv@hotmail.com	6 to 10 yrs old	English	to be announced	to be announced	Primary Gym	-	-

Please note that courses may be withdrawn should participant numbers fail to meet established minimums.
Important note: When the Main Hall and New Gym are used for examinations (Summer Term) cancelations to courses will occur.

For more detailed information please consult our website: www.stjulians.com